REFLECTION ON LEARNING ACTIVITIES

Use this template (or the Nursing Council Professional Activities template) to reflect on your Research Review reading (should be focussed on your practice area) and describe what knowledge was gained and how the knowledge or learning has influenced or changed your practice:

Date	Learning Activity Details of Research Review chosen	Hours Spent	Manager or educator's comment and sign off
	What knowledge was gained		
	How has this knowledge/learning influenced or changed your practice?		