**Learning Reflection Form for Non-endorsed**

**CPD / MOPS Activities**

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| **Name Date** |
| **Description of activity** |
| **Number of hours[[1]](#footnote-1)** |
| **Why did you choose this activity (how does it relate to your PDP learning goals?)** |
| **What did you learn?** |
| **How will you implement the new learning into your daily practice?** |
| **Does this learning lead to any further activities that you could undertake (audit activities, peer discussions etc.)** |

1. Total hours should be entered as CME credits on the MOPS page under “CME reflected in PDP”.

   [↑](#footnote-ref-1)