



LEARNING REFLECTION FORM FOR CPD / MOPS RECOGNITION OF LEARNING ACTIVITIES

NAME		DATE	
DESCRIPTION OF ACTIVITY			
NUMBER OF HOURS¹			
WHY DID YOU CHOOSE THIS ACTIVITY (HOW DOES IT RELATE TO YOUR PDP LEARNING GOALS?)			
WHAT DID YOU LEARN?			
HOW WILL YOU IMPLEMENT THE NEW LEARNING INTO YOUR DAILY PRACTICE?			
DOES THIS LEARNING LEAD TO ANY FURTHER ACTIVITIES THAT YOU COULD UNDERTAKE (AUDIT ACTIVITIES, PEER DISCUSSIONS ETC.)			

¹ Total hours should be entered as CME credits on the MOPS page under "CME reflected in PDP".